



**SEAS Easter Message Series WEEK #1**  
**Go Deeper Individual or Group Study Guide**

**Summary of Easter Message Week #1:** The stone has been rolled back and the tomb is empty; resurrected life cannot be contained. History no longer makes sense... who goes to a tomb expecting to find life? Now we are really unsure of what to expect. This same resurrection power works in our own lives.

**GO DEEPER with the VIDEO & HOMILY:** In preparation for meeting as a group, watch the video and read the homily provided on the parish website [www.seasp.org](http://www.seasp.org) before the group meets.

**Opening Prayer:** From scripture read and reflect on **John 20:1-9**

- What specifically touched you in this Gospel?
- What does this Gospel mean to you?

**Individual Reflection or Discussion Questions:**

1. What from the message video or homily stood out to you this week?
2. The word "power" is both a noun and an action. Do you feel powerful?
3. Share your experience of the Easter Vigil if you have attended. How can this service be a powerful sign of the resurrection of Jesus for us?
4. How have you experienced the power of Jesus' resurrection?
5. Do you rely enough on "the power of the resurrection" in your life?

Go Deeper as a group on the Church's teaching on the Resurrection:

- ✓ *United States Catholic Catechism for Adults Ch. 8 (pp. 89-100)*  
Online version: <http://ccc.usccb.org/flipbooks/uscca/files/assets/basic-html/page-1.html#>
- ✓ *United States Catholic Catechism for Adults Ch. 13 (pp. 151-162)*  
Online version: <http://ccc.usccb.org/flipbooks/uscca/files/assets/basic-html/page-1.html#>
- ✓ Use Discussion questions on pp. 98 and 160

**Closing Prayer-** Listen to "Same Power" by Jeremy Camp or pray the lyrics:

<https://www.youtube.com/watch?v=InsifiZxVXU>

SAME POWER by Jeremy Camp

I can see  
Waters raging at my feet  
I can feel  
The breath of those surrounding me  
I can hear  
The sound of nations rising up  
We will not be overtaken  
We will not be overcome

I can walk  
Down this dark and painful road  
I can face  
Every fear of the unknown  
I can hear  
All God's children singing out  
We will not be overtaken  
We will not be overcome

The same power that rose Jesus from the grave  
The same power that commands the dead to wake  
Lives in us, lives in us  
The same power that moves mountains when He speaks  
The same power that can calm a raging sea  
Lives in us, lives in us  
He lives in us, lives in us

We have hope  
That His promises are true  
In His strength  
There is nothing we can't do  
Yes, we know  
There are greater things in store  
We will not be overtaken  
We will not be overcome

Greater is He that is living in me  
He's conquered our enemy  
No power of darkness  
No weapon prevails  
We stand here in victory

The same power that rose Jesus from the grave  
The same power that commands the dead to wake  
Lives in us, lives in us  
The same power that moves mountains when He speaks  
The same power that can calm a raging sea  
Lives in us, lives in us  
He lives in us, lives in us AMEN