



WOW Mission: Guided by our Mother Mary, we are committed to nourishing personal relationships with Jesus Christ through prayerful fellowship with other Catholic women.

Join us on Fridays from 5:45 – 6:45 a.m. for WOW! (and yes... that is morning time!)

Who is it for? Women of *all* ages and at *all* stages in their faith journey looking to nourish their personal relationship with Jesus Christ.

What do we do? *We meet every Friday from 5:45-6:45 a.m. in St. Elizabeth Ann Seton Parish Hall. There is no preparation on your part. Wear whatever you'd like – PJs are welcome!

- 5:45-6:00 a.m. – Wake up with song
- 6:00-6:15 a.m. – Large Group prayer time in the chapel with a special reflection or reading.
- 6:15-6:45 – Small Group discussion time with about 3 to 4 other women focused on leading a more virtuous life. Before closing, Small Group members ask each other to pray for one need throughout the week.

**On the first Friday of every month, we celebrate the Sacred Heart of Jesus by going to the chapel to pray the rosary as a Large Group from 5:45-6:00 a.m., followed by Large Group discussion from 6:00-6:25 a.m. and then Mass at 6:30 a.m. Please note that Mass is always held on Fridays at 6:30 a.m. and lasts approximately 25 minutes.*